

Retinal Detachment

If, after checking your eyes, your optometrist feels you may be at risk of developing a detached retina, what should you be looking out for.

What symptoms should I look for?

- Bright flashes of light in your vision usually staying in the same area.
- New large floaters in any part of your vision.
- A shadow in your vision or loss of part of your vision

How to check your eyes!

1. Look straight ahead.
2. Close your right eye.
3. Keep looking straight ahead and look to see if there are any of the symptoms (as described on the previous page) in the vision of your left eye.
4. Open your right eye.
5. Close your left eye.
6. Keep looking straight ahead and look to see if there are any changes in your right eye.
7. Open your left eye.

If you have any of the symptoms or a combination of them, you may have a retinal detachment. Please contact us as soon as possible to have it checked.